Set your thermostat to 68 degrees when you're home and 55 degrees at night, or off when you're away.

Use Your Appliances Wisely

- Turn off appliances, lights and equipment when not in use.
    - To help prevent electricity outages, **do not run large appliances** between 5 a.m. - 9 a.m. and 4 p.m. - 7 p.m.
    - Do your laundry efficiently by using the warm or cold water setting for washing your clothes and *always* use cold water to rinse clothes.
    - Conserve energy by running your dishwasher only when it is fully loaded, and turn off the dry cycle to allow dishes to air dry instead.

Inexpensive Energy Solutions

- Choose **Energy Star** ® products. Purchase compact fluorescent light bulbs. They use a quarter of the energy and last five to ten times longer than conventional light bulbs.
- Reduce your hot water temperature. Set your water heater to the "normal" setting or 120 degrees unless the owner's manual for your dishwasher requires a higher setting.
- Replace furnace filters once a month. Dirty filters restrict airflow and increase energy use. Keep your furnace clean, lubricated and properly adjusted.
- Install low-flow showerheads. You'll be surprised how much this simple device can cut your hot water costs.
- Wrap your hot water tank with jacket insulation. If your water heater is gas, be sure to leave the air intake vent uncovered.

Eliminate Wasted Energy

- Turn off lights in unoccupied rooms.
- Unplug electronic devices and chargers when they're not in use.
- Close the damper on your fireplace when you're not using it.
- Unplug that spare refrigerator in the garage if you don't really need it.

Check out *www.flexyourpower.ca.gov* for more information and ways to save money!

Flex your POWER ℠

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